## RUN4ALL NEATH

## **RULES AND CONSTITUTION**

- 1. The name of the Club is Run4All Neath.
- 2. The Headquarters of the Club is Cwrt Herbert Sports Centre, Neath.
- 3. The object of the Club is to promote athletics, especially running in the local community, for physical and mental well being.
- 4. The Management of the Club is vested in a Committee consisting of a Chairperson, Secretary, Treasurer, 2 Welfare officers and at least 2 other members all to be elected annually. Anyone applying for a place on the Committee must be a first claim member. Ideally, the Chairperson should have served for at least one year on committee.
- 5. Membership of the Club is confined to those who are eligible to compete under UK Athletics laws. A candidate for membership should apply in writing on a form provided for the purpose and approved by the Committee.
- 6. A member intending to withdraw from the Club shall give notice in writing to the Membership Officer or Secretary and their membership terminated on the date of that notice unless they are financially indebted to the Club, in which case the Committee may withhold acceptance of the resignation until they have discharged the liability.
- 7. The annual subscription to the Club will be decided by the Committee annually and is payable on election and subsequently on the 1<sup>st</sup> of April each year. This subscription will include the annual subscription to Welsh Athletics for first claim members.
  - a. The Committee shall have the power to expel any member whose subscription is 3 months in arrears provided a months' notice in writing shall have been sent to the email registered with Welsh Athletics, informing them of the proposed action of the Committee.
  - b. No member whose subscription is in arrears is eligible to take part in any competition by the Club.
- 8. a. The Club colours shall be yellow/black.b. Club colours must be worn by all competitors representing the Club at every competitive meeting.
- 9. The Annual General Meeting shall be held in the month of March in every year to receive the Committee's report and financial statement, elect the Committee and deal with any other matters specific on the Agenda. Motions to be discussed must be submitted in writing to the Club Secretary prior to the meeting. The Chairperson shall have the casting vote.
- 10. The Committee, by a majority at a meeting may propose amendment to the Constitution. The changes maybe only made at the AGM or Extraordinary General Meeting called for

that purpose. If the motion is passed by a majority the amendment to the Constitution will be adopted.

- 11. The Committee may expel from the Club any member who they may deem guilty of conduct detrimental to the interest of the Club or to amateur athletics generally, however, any such member on giving notice within 7 days of receipt of a notice of expulsion may claim the right of appeal to an extraordinary general meeting which must be held within 14 days of receipt of the appeal. A majority of those voting at such a meeting is necessary to reinstate membership.
- 12. The Committee shall decide any question as to the interpretation of the Rules and deal with any matter not provided for within.